

# SKAGIT COUNTY

2005 – 2006

## Community Mobilization Contact

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## Overview

The mission of the Skagit Prevention Council is to promote safer and healthier communities through collaborative efforts, education, and alternative activities. We accomplish this through support of existing prevention programs and through the provision of parenting classes, healthy youth and family activities, educational theatre, awards banquets, and much more. Our activities are as diverse as our communities.

## Community Partners/Service Providers

- Anacortes Community Health Council
- Burlington-Edison Community Parent Network
- Conway Community Prevention Council
- La Conner Alliance for Youth and Families
- Mount Vernon Community Wellness Council
- North Cascades Health Council
- Upper Skagit Indian Tribe
- Upper Valley Awareness Task Force
- Sea Mar Community Health Center/Hispanic Community
- Skagit County Human Services
- Skagit County DUI Task Force
- Skagit County Meth Action Team

## Program Outcomes

- ◆ As evidenced by the La Conner Middle School students' focus group on the **Teens Against Tobacco Use** training they had received, in answer to the question "How sure are each of you that you will accomplish what you want to accomplish with this information and these skills" (10 = really positive, 1 = not positive) the average response was 10.
- ◆ A focus group of Conway students on the **Anti-bullying** training they had participated in revealed that the most important skills they learned were "don't spread rumors," and "get adult help."



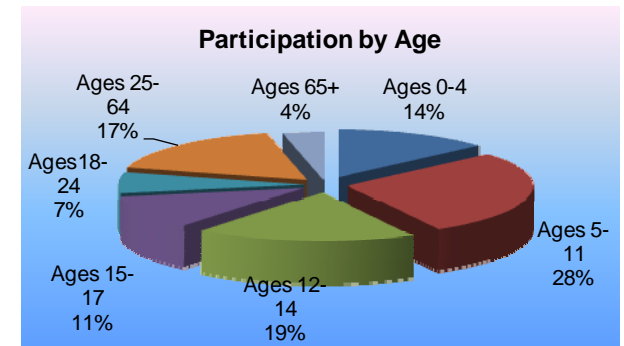
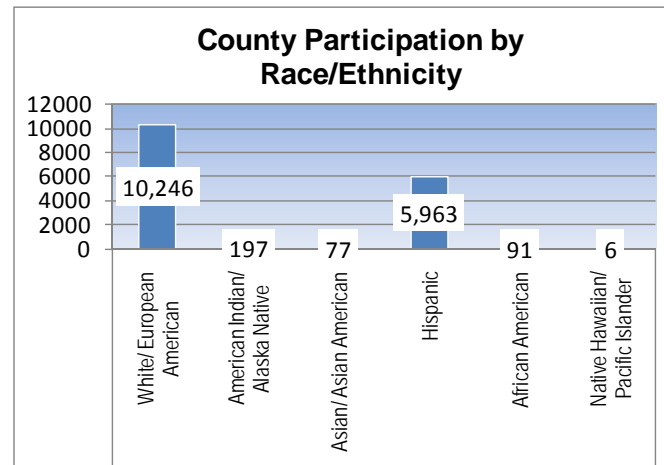
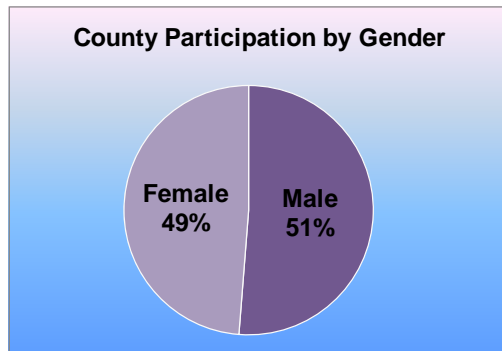
2006 Very Important  
Prevention People

## Program Highlights

- ◆ The Skagit Prevention Council recognized 10 **Very Important Prevention People** at their annual awards' banquet in April 2006. Keynote speaker was Representative Dave Quall.
- ◆ Sea Mar/Hispanic Community collaborated in a **Community Children's Christmas Party** that served over 7,000 individuals. Twelve hundred volunteer hours went into the preparation and distribution of gifts, food, and information on substance abuse prevention, safety, and available community resources.

Number of People Served	
• Prevention Programs	10,617
• Large Community Events	11,660
Prevention Program Sessions	279
Hours Spent in Community Organizing	1,002
Direct Service Hours	2,719
Leveraging	
• In-Kind Support (value)	\$48,623
• Volunteer Hours	2,041

## Participant Demographics



## Program Information

### Program Name

- 🏆 Teens Against Tobacco Use
- 😊 Martin Fleming Anti-Bullying
- 🏆 Very Important Prevention Person Awards
- 🏆 Community Christmas Party

### Risk/Protective Factors

- Favorable Attitudes; Perceived Availability
- Provide Opportunities, Skills, and Recognition; Favorable Attitudes
- Favorable Attitudes; Provide Opportunities, Skills, and Recognition
- Favorable Attitudes; Provide Opportunities, Skills, and Recognition

## Meth Action Team

The Skagit County Meth Action Team chartered a bus and sent youth from Skagit County Schools to the Snohomish County Youth Meth Summit; provided funding for “10 Years of Meth Use” posters; and provided the “Don’t Get Method Up” bracelets to the Skagit Prevention Council community groups. The Skagit County Meth Action Team is developing a Youth Leadership group to plan a future Youth Meth Summit in Skagit County.