

# What's so harmful about lead poisoning?

## Lead poisoning in children can lead to

- ◆ Brain, liver, and kidney damage
- ◆ Slowed development
- ◆ Learning or behavior problems
- ◆ Lowered intellect (or IQ)
- ◆ Hearing loss
- ◆ Restlessness

## Lead poisoning in pregnant women can lead to

- ◆ Miscarriage
- ◆ Premature birth
- ◆ Birth defects
- ◆ Learning disabilities

## Lead poisoning in adults can lead to

- ◆ Fertility problems (in both men and women)
- ◆ High blood pressure
- ◆ Digestive problems
- ◆ Nerve disorders
- ◆ Memory or concentration problems
- ◆ Muscle and joint pain

# How do I know if I have lead poisoning?

## Do you or your children have any of these symptoms of lead poisoning?

- ◆ Headaches
- ◆ Stomachaches
- ◆ Nausea
- ◆ Tiredness
- ◆ Irritability

## If you do, then you could be living with lead in your home.

## The main sources of lead in the home are

- ◆ Peeling or chipping paint (in homes built before 1978)
- ◆ Dust from sanding old paint
- ◆ Contaminated soil

Most people with lead poisoning do not show any outward symptoms unless their blood-levels are extremely high. Because the symptoms of lead poisoning are similar to other illnesses, it is best to have a doctor perform a simple blood test to determine if your child has lead poisoning.

# What can I do to find out if I have lead in my home?

**KCCHA is offering FREE lead hazard inspections and FREE repairs to correct lead hazards in your home.** This program is available to families and individuals with incomes at or below 80% of the county median income (see income chart below).

## Maximum Income Limits

Family Size	Kitsap County	Jefferson County
1	.... \$36,800 .....	\$30,500
2	.... \$42,050 .....	\$34,900
3	.... \$47,300 .....	\$39,250
4	.... \$52,550 .....	\$43,600
5	.... \$56,750 .....	\$47,100
6	.... \$60,950 .....	\$50,600
7	.... \$65,150 .....	\$54,050
8	.... \$69,350 .....	\$57,550

**T**ake the first step to  
protect your family  
from lead poisoning:

**Call KCCHA today.**

**For more information,  
or to set up your FREE lead  
hazard inspection,  
call Mary Barton at  
360.535.6131  
or toll-free from  
Jefferson County  
800.693.7070 ext. 6131.**

Kitsap County Consolidated Housing  
Authority (KCCHA), in partnership with  
Washington State Community Trade and  
Economic Development (CTED), is  
offering this free program in compliance  
with the Environmental Protection  
Agency (EPA).



**KCCHA**

Lead Hazard Control Program  
9307 Bayshore Dr. NW  
Silverdale, WA 98383

PRSRT STD

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Olympic Presort

Was your  
home built  
before 1978?



If so, you and  
your children  
could be  
exposed to  
lead poisoning  
**daily.**